

Journal Article 1

Maximum Pain Level (MPL)

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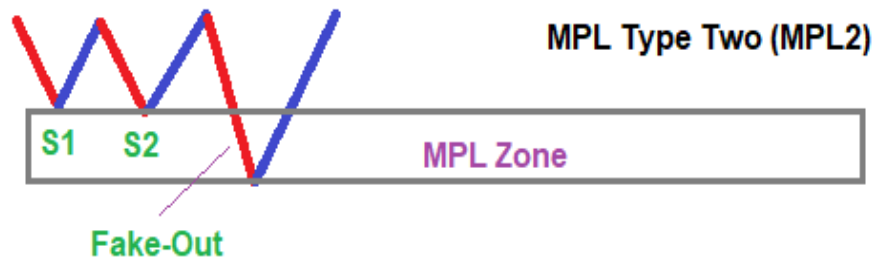
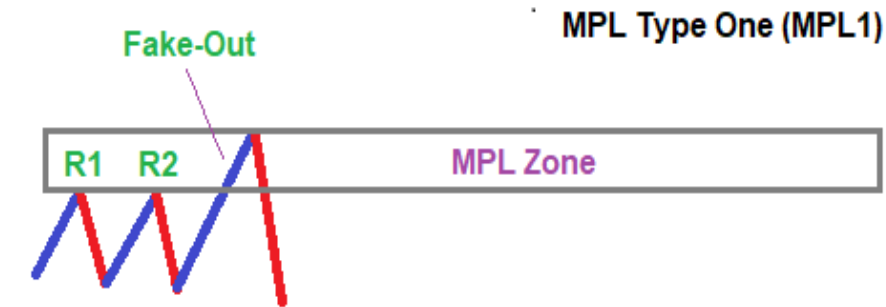
Definition of MPL

- Maximum pain level is a trick that is played by the institutional traders to hunt stop losses of retail traders or to entice breakout traders to open positions.
- In other words, an MPL is simply a Fake-Out where price is more likely to reverse.
- In simple words, an MPL is a historical fake-out that has a higher probability of holding the price on its first time back (FTB).
- This makes the MPL one of the most powerful concepts in trading that every trader should know.

Types of MPLs

Types of MPLs

2R/S with Fake-Out



1R/S Fake-Out

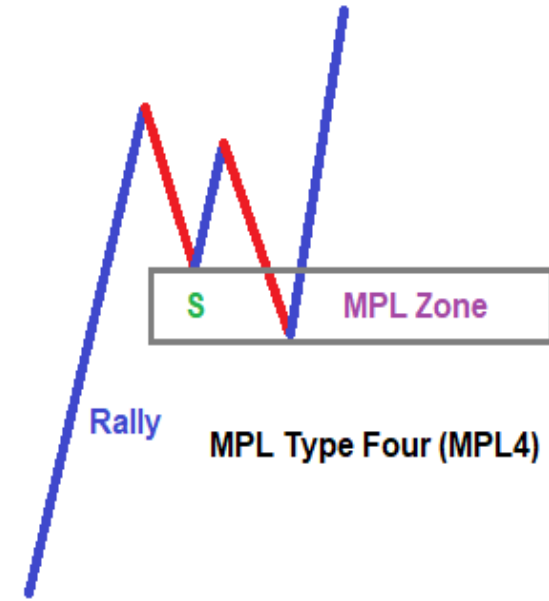
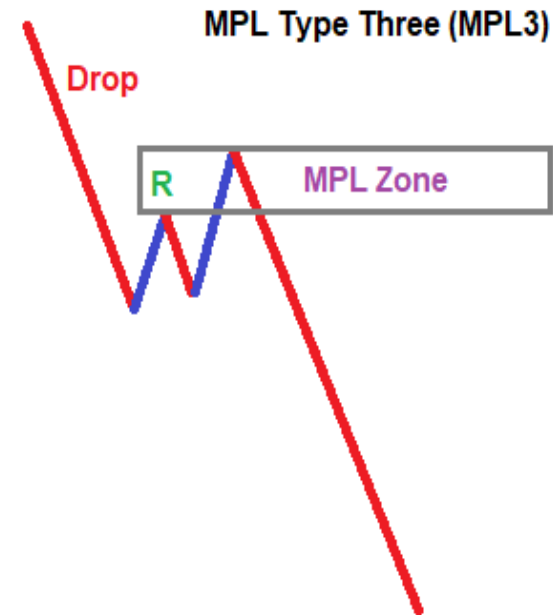


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Description of the Anatomy

- There are mainly four types of MPLS Type 1, Type 2, Type 3 and Type 4.
- Type 1 and 3 are used as supply zones whereas type 2 and 4 are used as demand zones.
- When drawing the MPLs, the wicks should not be cut through.
- More than 2RS MPLs are also considered valid.

Chart Examples



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Example 1 (MPL Type One (MPL1))



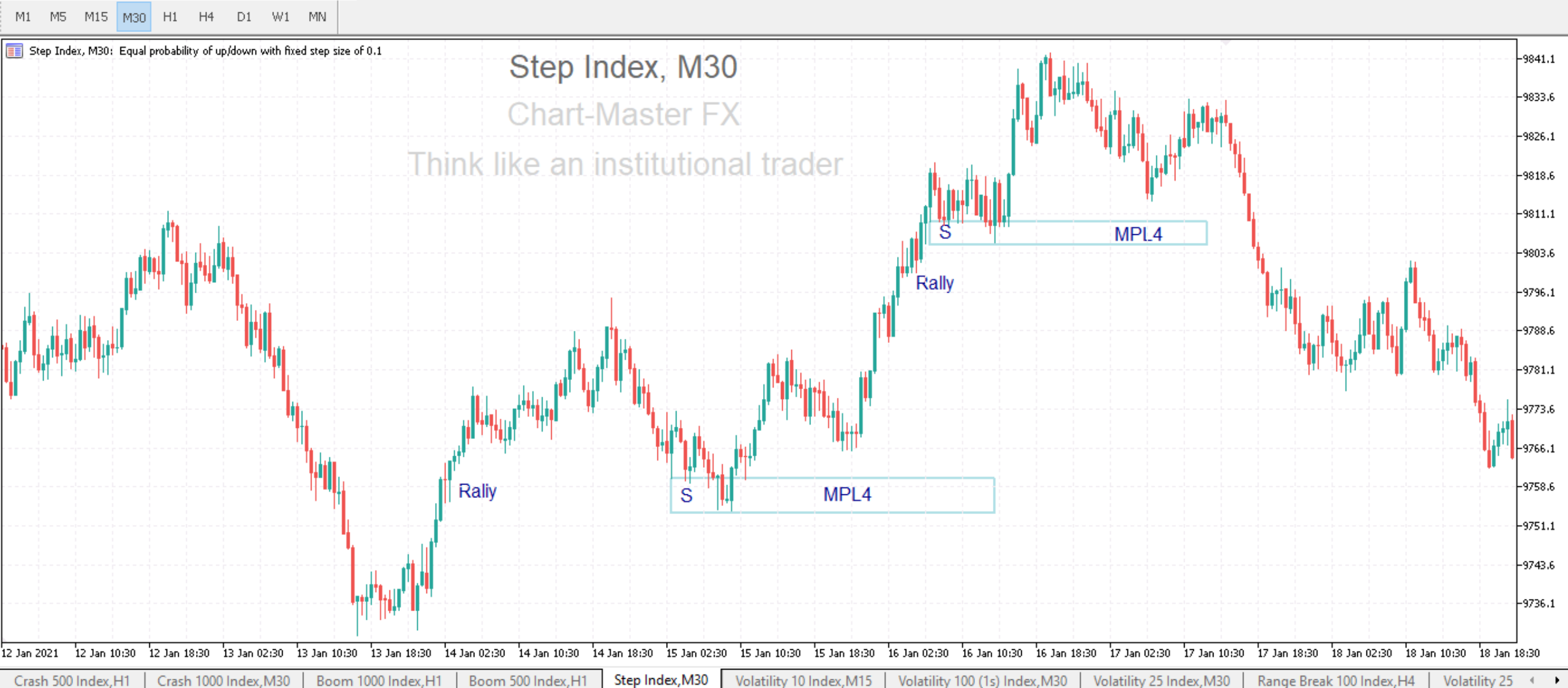
Example 2 (MPL Type Two(MPL2))



Example 3 (MPL Type Three(MPL3))



Example 4 (MPL Type Four(MPL4))



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